

MUKTANANDA® Dhyana Saptah  
A SIDDHA MEDITATION® Event

SIDDHA YOGA ASHRAM IN SYDNEY

SATURDAY APRIL 3 2010

7.45 AM – 5:30 PM

The *Muktananda Dhyana Saptah* is an opportunity for experienced meditators to spend a day in silence, focused fully on the practice of meditation. This event is designed for Siddha Yoga students who have established a regular meditation practice and can meditate for extended periods. Led by a Siddha Yoga meditation teacher, the day includes a succession of extended meditations, reflecting on teachings from Gurumayi Chidvilasananda and Baba Muktananda, chanting the Siddha Yoga mantra, and the practice of silence.

**PREREQUISITES:**

- 3 months of Siddha Yoga practice
- 1 Siddha Yoga Shaktipat Intensive
- Ability to sit for meditation for extended periods.

**FEES:** Adult: \$135 Young Adult \*: \$45 \*(18 – 24 years of age)

**MEALS:** Lunch: \$15 Dinner: \$10

Please note registration closes at 10.30am on Sunday March 28th

Accommodation is available at the ashram for  
Friday April 2 (Good Friday) and Saturday April 3.

Please apply for accommodation as you register for the event.

Details are available from the Registration desk or visit

[www.siddhayoga.org.au](http://www.siddhayoga.org.au)

**To Register:** Please submit this registration form with your payment.

You can:

- Pay in person at the Registration desk
- Fax to 02 9558 3240
- Mail to **Registration Co-ordinator**  
**Siddha Yoga Ashram**  
**P O Box 37**  
**Hurlstone Park NSW 2193**

## REGISTRATION FORM

### PERSONAL INFORMATION

Name: \_\_\_\_\_  
(last) (first) (spiritual)

Street: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Postal code: \_\_\_\_\_ Country: \_\_\_\_\_

Occupation: \_\_\_\_\_

Male  Female Birth Date: \_\_\_\_\_

### CONTACT INFORMATION:

Home phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Do you wish to receive email updates from the Siddha Yoga Ashram in Sydney - YES/NO (please circle)

In an emergency, contact: \_\_\_\_\_

(name) (relationship) (phone)

### TOTAL AMOUNT DUE:

Dhyana Saptah event fee \$ \_\_\_\_\_ Adults \$135; Yuvas\* \$45 \* (Young Adults: 18 – 24 years of age)

Lunch Saturday \$ \_\_\_\_\_ \$15

Dinner Saturday \$ \_\_\_\_\_ \$10

**Total** \$ \_\_\_\_\_

*All prices quoted are in Australian Dollars.*

### Method of payment [Please note registration closes at 10.30am on Sunday March 28th ]

Cash (in person only)  EFTPOS Debit Card (in person only)

Cheques payable to: Siddha Yoga Foundation Ltd (Cheques require **7 days** for clearance).

Visa Card  Master Card

Credit card number \_\_\_\_\_ (if not processed in person)

Expiry date \_\_\_\_\_

Name on credit card \_\_\_\_\_

\*\*A surcharge of 1.5% applies to all payments made by Credit Card

NOTE: Confirmation will be emailed or mailed to you.

### *Cancellation Policy*

More than 3 days prior to *Muktananda Dhyana Saptah*, full refund less 10%.

Within 3 days of *Muktananda Dhyana Saptah*, no refund.

For questions regarding registration, please call 02 9559 5666 or email [registration@siddhayoga.org.au](mailto:registration@siddhayoga.org.au)

*Please note that scheduled events may be subject to change.*